



CareBridge
Documentation

EMPLOYMENT & WORKPLACE ACCOMMODATION LETTERS

Supporting your rights at work
with trusted documentation



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Introduction

Short overview:

This bundle provides carefully crafted letter templates to help employees request workplace accommodations, medical leave, or fair treatment from employers. Each letter is designed to support you in navigating workplace challenges with professionalism and credibility.

Common uses:

- Requesting modified work duties
- Applying for medical or stress leave
- Seeking flexible scheduling or work-from-home arrangements
- Advocating against workplace discrimination

Preview Sample only



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[Your Name]
[Your Address]
[City, Province, Postal Code]
[Date]

Dear [Employer's Name],

I am writing to formally request workplace accommodations due to a documented medical condition. Based on my healthcare provider's recommendations, I kindly request the following adjustments to my work schedule...

... [Sample content truncated in preview] ...

Thank you for your understanding and support during this challenging time.

Sincerely,
[Your Name]

Sample Preview only



Why it matters:

- Protects your employment rights
- Reduces stress during difficult conversations with HR/employers
- Ensures requests are clear, professional, and legally aligned
- Provides confidence when dealing with sensitive workplace matters

Sample Preview only



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